PARENTING MATTERS

Nurturing Parenting Education



Parenting Matters offers the Nurturing Parenting education program which is a family-centered, trauma-informed curriculum that teaches Nurturing Parenting skills. The goal is to prevent recidivism of abusive and neglectful parenting practices. Upon intake, parents complete two Nurturing Parenting assessments which indicate risk of recidivism across 5 areas:

- Appropriate Expectations of Children
- Parental Empathy towards Children's Needs
- Use of Corporal Punishment
- Parent-Child Family Roles
- Children's Power and Independence

Based on assessment results, the assigned Nurturing Parenting facilitator builds an individualized curriculum plan to address areas of risk. Parents complete class material in-person and through an online classroom. Then, they demonstrate learned skills with their children and receive additional guidance and skill modeling from their facilitator as needed.

Some of the skills taught in the Nurturing Parenting program include:

- Use of nurturing touch
- Appropriate use of discipline
- Utilizing nurturing routines
- Responding to children's needs with empathy

Upon completion of the Nurturing Parenting curriculum, parents complete re-assessments to evaluate progress and find areas which may need to be retaught. Parents review and demonstrate each of the skills they learned throughout the program to ensure that they have not forgotten any material before receiving their certificate of completion.